

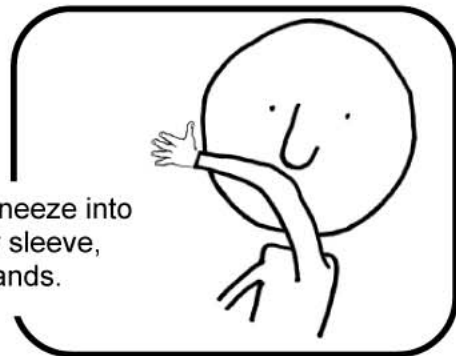
Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth
and nose with a
tissue when you
cough or sneeze

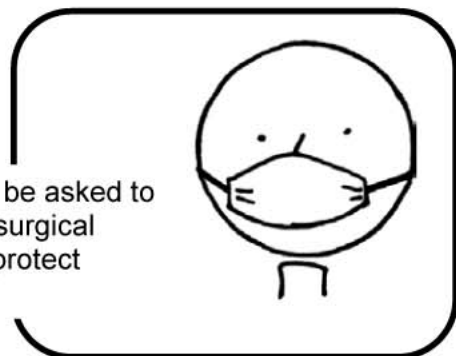
or
cough or sneeze into
your upper sleeve,
not your hands.



Put your used tissue
in the waste basket.



You may be asked to
put on a surgical
mask to protect
others.



Clean your Hands

after coughing and sneezing.



Wash with soap
and water
or

clean with
alcohol-based
hand cleaner.

